

# WEEK ONE

2nd Jan, 23rd Jan, 13th Feb,  
6th March, 27th March

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

Check out our other counters  
for the rest of our lunch range

## 101 meals

**Aspens**

**Chicken Fajitas**

Tomato Salsa  
Nachos

**Soy & Ginger Quorn**

Egg Fried  
Rice

**Steamed Lemon**

**Sponge**  
Lemon Drizzle

**Spaghetti  
Bolognese**

Garlic  
Bread

**Leek & Courgette  
Cheese Crumble**

Baby Potatoes

**Apple & Sultana  
Sponge**

Custard

**Roast Pork**

Apple Sauce  
Roast Potatoes

**Sweet Potato,  
Vegetable & Lentil  
Roast**

Roast Potatoes

**Banoffee  
Cheesecake**

**Beef Country Stew**

Dumplings  
Crusty Bread

**Roasted Tomato &  
Red Pepper  
Lasagne**

Herb Gratin Crust

**Baked Rice  
Pudding**

Berry  
Compote

**Crispy Battered  
Fish Fillet**

Chunky Chips

**Vegetarian  
Frankfurter**

Chunky Chips

**Spiced Fresh Fruit  
Salad**

Ice Cream

We have a daily range of seasonal vegetables and  
accompaniments available with every dish.

# WEEK TWO

9th Jan, 30th Jan, 20th Feb,  
13th March, 3rd April

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**1010 meals**

**Aspens**

**Hoi Sin Chicken**  
Stir Fried Vegetables  
Noodles

**Vegetable  
Enchiladas**  
Sour Cream & Chive  
Green Leaf Salad

**Treacle Tart**  
Vanilla  
Cream

**Chilli Con  
Carne**  
Wholemeal  
Rice

**Quorn  
Bolognaise**  
Herb Bread

**Traditional  
Fruit Trifle**

**Roast Beef**  
Yorkshire Pudding  
Paprika Glazed Roast  
Potatoes

**Cheese & Potato  
Pie**  
Baked Beans

**Classic Eaton  
Mess**

**Chicken Biryani**  
Vegetable  
Samosa

**Shepherdess Pie**  
Minted Leek and  
Creamed Potato  
Topping

**Apple & Wild Berry  
Oaty Crumble**  
Custard

**Jumbo Fish Cake**  
Chunky  
Chips

**Basil Infused  
Penne Pasta**  
Chestnut Mushrooms &  
Roasted Tomatoes

**Chocolate  
Pudding**  
Chocolate Sauce

Check out our other counters  
for the rest of our lunch range

We have a daily range of seasonal vegetables and  
accompaniments available with every dish.

# WEEK THREE

16th Jan, 6th Feb, 27th Feb,  
20th March

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**10 meals**

**Aspens**

**Mango, Chilli &  
Lime Glazed Pork**  
Parmentier Potatoes

**Sweet Potato,  
Aubergine &  
Spinach Moussaka**

**Steamed Ginger  
Sponge**  
Custard

**Beef & Potato Pie**  
Freshly Minted Mushy  
Peas

**Mushroom & Leek  
Risotto**  
Green Salad

**Apple & Sultana  
Sponge**  
Custard

**Roast Turkey**  
Roast Potatoes

**Quorn Sausage  
Toad in the Whole**  
Onion Gravy  
Roast Potatoes

**Forest Fruit  
Cheesecake**

**Creamy Carbonara**  
Cheesy Ciabatta

**Butternut Squash,  
Red Pepper & Lentil  
Dhansak**  
Wholemeal Rice

**Bread & Orange  
Pudding**  
Custard

**Crispy Battered  
Fish Fillet**  
Chunky Chips

**Tomato, Mozzarella &  
Baby Spinach Tart**  
Green Herb Salad

**Jam Roly Poly**  
Custard

Check out our other counters  
for the rest of our lunch range

We have a daily range of seasonal vegetables and  
accompaniments available with every dish.