

# CRAWSHAW SCHOOL

## REVISION GUIDE FOR PARENTS

**Exams are a stressful time for both you and your child. There are lots of ways in which you can help them prepare.**

### Revision Techniques

When your child knows when their exams are, draw up a revision timetable, which should include dates, details of the subject and topics to revise. Tick off the subjects as they complete their revision. Keep up to date with when the exams are and don't forget to ask how the exam went once it is over. Cross off exams on a calendar

Plan rewards into the revision timetable and plan a final reward, so it will give your child something to look forward to.

Even if your child is well-motivated, make sure they don't overwork. They will need a break every 90 minutes of around 15-20 minutes.

Try to keep the house quiet during revision, although listening to music can be beneficial to some .

If your child is stuck on a topic, you can contact school & ask their teacher for help. There are revision guides for most subjects, which help break down topics so they are easier to remember. Your child should also have past exam papers to practice techniques.

Your child's teacher should recommend some techniques when revising specific topics, however, there are some general techniques:

**Repetition** - it may be boring, but going over topics again & again does help. Try writing down everything they know about a topic as a word mat, so it highlights key words.

**Writing notes & making diagrams** will help reinforce learning. Use Post-it notes and A3 sheets written in different colours to help remember facts. If you stick them up around the house in key places (on the fridge?) they will remember them.

**Make associations** with things that your child has an interest in. For example, a child who loves drawing could turn the plot of an English Literature text into a cartoon: someone who is keen on music could set key vocabulary to the tune of a song.

Whilst textbooks are useful for facts, using books, films and the Internet can reinforce learning. Encourage your child to use revision websites.

**Use mnemonics.** Turn phrases, words and abbreviations into a mnemonic (the first letter of the word then turns into a name or word.)

**If a whole subject causes problems, then it may be appropriate to arrange extra tuition**

### The Night Before .....



Get organised .Ensure your child knows what time the exam starts and where it is being held.

Organise pens and pencils, ensuring they have spares just in case they run out. Check if they need extra equipment like a calculator.



Set an alarm, so there is no last minute panic on the morning of the exam. Make sure you have



Take a bottle of water into the exam

Some children sail through exams with very little stress, for others, even small tests can cause anxiety. Some parents may wish their children would get more stressed about exams. Be positive about the whole exam process to ensure your child does their best.